# Impact Report 2019

Boys & Girls Clubs of Lanier creates great futures for our youth, but it is because of the support of our generous community and people like you that we are transforming lives for kids across north Georgia. We are committed to doing whatever it takes to put kids on their path to a great future with programs aimed at building academic success, healthy lifestyles, and good character & citizenship. Enjoy a glimpse into the work being done across our Clubs and community to make that happen and remember that none of this could happen without you!



#### This year, our clubs:



Provided over 19,000 tutoring hours



Were open more than 11,500 hours



Served 50,000+ snacks and meals

### & our programs helped kids build:



- Derrick Caldwell, Mentor Director

## Good Character , & Citizenship Mentoring Program

We know it takes more than a few hours after school to leave a profound impression on kids, especially teens, and that is why we are working with local schools, Hall County Juvenile Court, and Office of Juvenile Justice Programs to reach some of our community's most vulnerable youth through our Mentor Program. Mentor Director Derrick Caldwell works hard to ensure the program provides the guidance the kids need to grow into caring adults. In fact, he has become a staple in Gainesville Middle and High Schools spending time communicating with teachers and administrators to identify kids in need of positive mentors. He's there for them during and after school giving them the encouragement they need to make good choices. Derrick also works closely with Club staff across all locations to emphasize the importance of being a mentor to kids in the Club every day. Your continued support ensures kids in our community have the positive mentors

# **Healthy Lifestyles**

Middle School Girls Fitness



BGCL teamed up with the Atlanta Falcons Youth Foundation to increase aerobic capacity in middle school girls – a group whose physical activity is on the decline. The program provides the girls the opportunity to pick their activities and then the selected activities are performed in an environment exclusively for girls. This year, activities like boxing and yoga were the most popular choices. Implementing activities chosen by middle school girls and for middle school girls provides the comfort, inspiration, and tools they need to improve their health.

Because of your support, young girls in our Clubs have the determination they need to stay active and are developing habits to live a healthy lifestyle for years to come.

In one year, **63**% of participants showed improvement in their health and fitness.

**60**% of middle school girls said the program **increased** their self-esteem and desire to take their physical activity to the next level.





### **DIY STEM**

Do it Yourself - Science, Technology, Engineering, and Math

The DIY STEM program is introducing kids to concepts based in science, technology, engineering and mathematics that prepare them for the 21st Century workforce. Our Club kids participate in this hands-on, activity based curriculum that links theory to application, giving them a better understanding of scientific principles they encounter every day. With modules like Energy and Electricity, Engineering Design, Food Chemistry, and the Science of Sports, the kids are encouraged to not only think about these concepts at the Club and at school, but also to think about how they apply to their every day lives outside of traditional learning environments.

Your support of the Clubs provides programs like this one that embolden kids in our community to explore ideas that will increase their academic success. "Our kids love the DIY STEM program because every lesson is hands-on. It keeps them engaged and excited to learn."

Ari Guzman, Joseph F. Walters Club Unit Director

